

Huggers Waltz

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Source: <http://www.michaelbarraclough.com>
Formation: Double circle, men in the center
Music: 16-bar waltzes

Notes:

- 1) Written at a time in history when physical contact was welcomed (except in the folk dance world!).

Dance:

- A 1-4 *(Holding two hands with partner)* balance forward, back *(and without letting go of hands)* turn single to the man's right and the ladies left *(rolling under your joined arms to face again)*
 5-8 Repeat in the opposite direction
- B 1-4 *(Still holding hands)* balance forward, back and 'hug'
 5-8 Waltz around the room