

# Abbey, The

---

**Author:** Michael Barraclough (2004)

**Source:** Rhonda's Romance (Michael Barraclough)

**Formation:** Mescolanzas mixer

**Progression:** Unusual! Men progress around the room in the direction they start, ladies move backwards and forwards in the same set

**Music:** 32-bar contra reels (rags are great)

## Notes:

- 1) If the room will allow, a circular Mescolanzas is better than one in lines.
- 2) The three chains should be one seamless move and should flow into the transition to the circle right.
- 3) I saw a dance called Hey While The Sun Shines by Peter Stix when dancing at the Abbey Pub in Chicago. I didn't write it down properly so I wrote a new dance based on what I had remembered.

## Notes:

- A1 1-4 Lines forward & back  
5-8 Ladies chain across (*in fours at each end*)
- A2 1-4 Four ladies chain  
5-8 Ladies chain across (*in fours at each end, the one you end with is your new partner*)
- B1 1-4 Circle (*all eight*) right ½  
5-6 Balance the ring  
7-8 Partner California twirl
- B2 1-8 Partner swing (*end facing in mens' original direction*)