

Mountain High

Author: Michael Barraclough (2017)
Source: Michael Barraclough web-site
Formation: Longways Duple Improper
Tune: 32-bar contra jigs or reels (well-phrased)

Notes:

1) First performed, with Mountain High playing, at Cotton wood
Contra on 4/15/2017

A1 1-4 Ladies pass left, partner gypsy (*right*)
5-8 Ladies pass left, neighbor gypsy (*right*)

A2 1-4 Ladies gypsy 1½ (*right*)
5-8 Partner swing

B1 1-4 Men gypsy 1½ (*right*)
5-8 Neighbor swing (*end in a ring*)

B2 1-2 Balance the ring
3-4 Men trade
5-6 Balance the ring
7-8 Ladies trade (*look for next lady to pass left*)