

Red Admiral

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Source: Country Bumpkin (Michael Barraclough)
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Formation: Sicilian circle
Music: 16-bar hornpipes
Tune(s): Eg: Three Jolly Sheepskins

Notes:

- 1) Any tune that is suitable for Nottingham Swing will be suitable for this dance. If the band does not have a 16-bar hornpipe then they can play a 32-bar hornpipe AB or you can do the dance twice to once through the tune.
- 2) Written and debuted in 1975 at a barn dance in the crypt at St Martins in the Fields, Trafalgar Square, London. This was the first dance I ever wrote. I was faced with an audience of about 200, mostly in their late teens and twenties, most of whom had never been to a barn dance and a significant proportion of whom had a very poor grasp of the English language. I wanted a dance that was very visual to teach and simple to do so I made this one up on the spot. It is a simplified version of the Butterfly Hornpipe.
- 3) Sometimes I will do stars instead of circles in A1, and have even been known to mix up stars, circles, left and right.

Dance:

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| A1 | 1-4 | Star right |
| A2 | 1-4 | Star left |
| B1 | 1-4 | <i>(In your circle of four, couples) dip and dive 3 times to change places (1s arch first)</i> |
| B2 | 1-4 | Partner cross-hand swing <i>(end facing next couple)</i> |